Positive Youth Development programs...

1. Improve socio-emotional, communication, and life skills.
2. Improve psychological and social well-being, self-esteem and reduced substance use risk behaviors.
3. Increase positive parenting, confidence in use of nonviolent discipline skills, and lowers the probability of using psychological and verbal intimate-partner violence.
4. Reduce conduct problems, internalization of symptoms and post-traumatic stress symptoms.
5. Improve coping and prosocial behavior.
6. Improve youth self-efficacy to use condoms with their partners.
7. Decrease sexual risk behaviors including number of partners and incidences of unprotected sex.
8. Decrease incidence of coerced sex (as reported by adolescent girls).
9. Decrease HIV-related stigma.
10. Increase knowledge of HIV risk and risk reduction strategies (HIV knowledge, condom use knowledge).
11. Increase use of sexual reproductive health services by youth.
12. Reduce teenage pregnancy.
13. Increase number of youth with high-quality and longer-lasting employment.
14. Increase food security, income, and assets among girls and young women.
15. Improve a sense of belonging and trust, as well as the belief that teachers care.
16. Reduce the probability of child marriage.
17. Reduce dropout rates for girls.
18. Improve gender equitable attitudes among youth.

To learn more about Positive Youth Development, go to http://www.youthpower.org/positive-youth-development
References


